







Stories are actionable



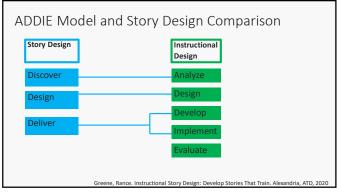
- Studies of the brain and the body have made the connection between storytelling and the chemical phenomena happening inside of us.
- One of the most fascinating responses is that of mirror neurons, in which the brain activity of the story-listener begins to align with the story.
- These neurons fire not only when you perform an action, but when you observe someone else perform it.
- Fictional things in the story become real in your body.
 As the plot unfolds, you put yourself in the shoes of the characters, living out their experiences in your mind as if they were your own.

 • Watching the story prepares you to act.
- Think of the goal of training: to take action on new skills, new knowledge, and
- Stories are the flight simulator that makes this happen.

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Keep it simple. Step 1:

Step 2: Chunk text; lose bullets.

Step 3: **Balance your elements.**

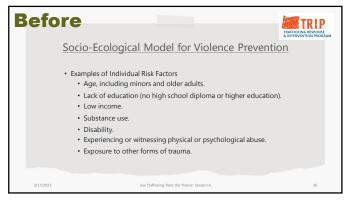
Add images. Step 4:

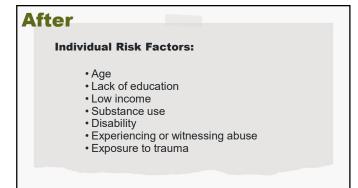
Design for everyone. Step 5:



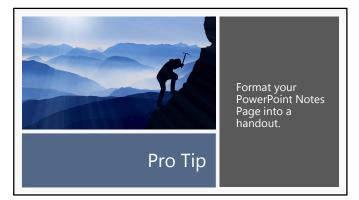


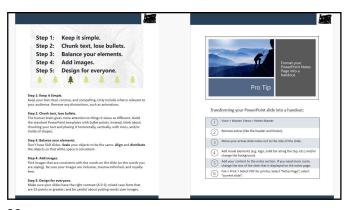












Step 2: Chunk text; lose bullets.							
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Before

Individual Risk Factors:

- Age
 Lack of education
 Low income
 Substance use
 Disability
 Experiencing or witnessing abuse
 Exposure to trauma

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After

Individual Risk Factors:

Age

Lack of education

Low income

Substance use

Disability

Experiencing or witnessing abuse

Exposure to trauma



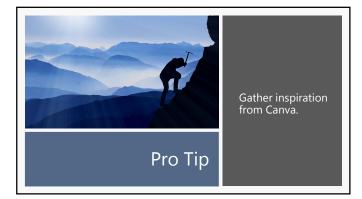






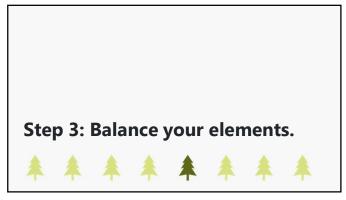




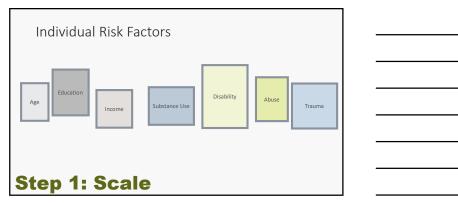


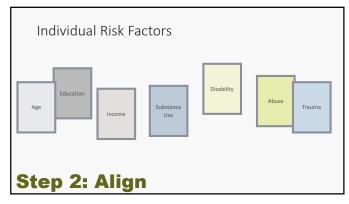






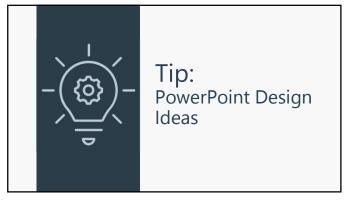










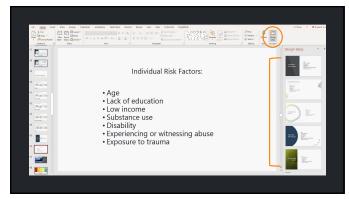


Individual Risk Factors:

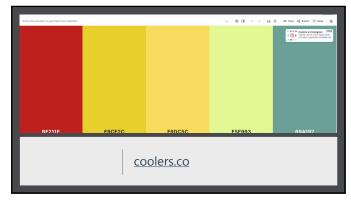
- Age
 Lack of education
 Low income
 Substance use
 Disability

- Experiencing or witnessing abuseExposure to trauma

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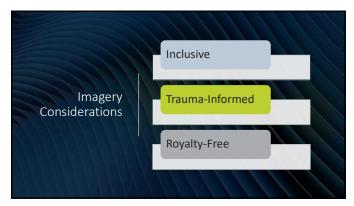












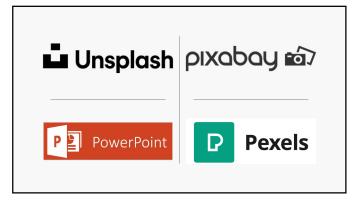








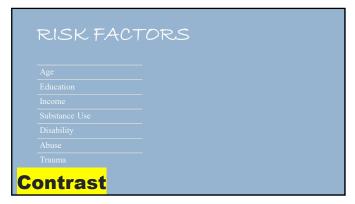






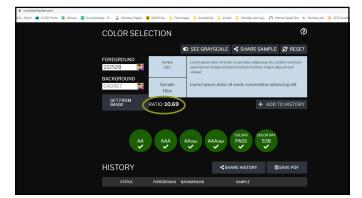




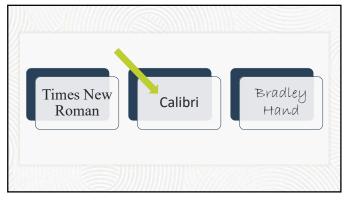




RISK FACT	ORS
Age	
Education	
Income	
Substance Use	
Disability	
Abuse	
Trauma	
Contrast	









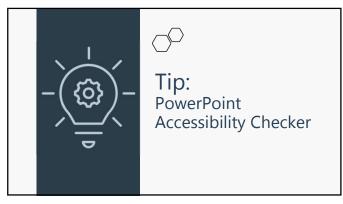
Risk Factors Age Education Income Substance Use Disability Abuse Trauma Text

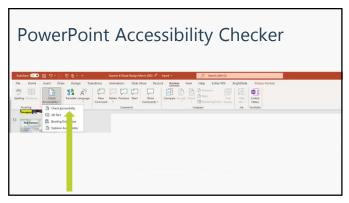


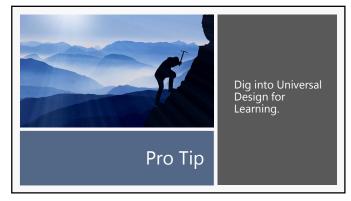


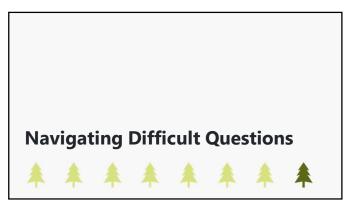
















Pause (take a sip of tea).
Keep calm.
Redirect.
Counter with experience.
Promote learning.
Prepare.
Follow-up.
Be clear about minors.

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Discuss

Today's Takeaway

