

**From:** [Crane Meghan \(she/her/hers\)](#)  
**To:** [donnamarie.ofsc](#); [Valek, Rebecca A.](#)  
**Subject:** F/u on task force meeting  
**Date:** Tuesday, June 3, 2025 12:27:43 PM

---

Hi DM,

Here are follow-ups from the meeting. Let me know if I forgot anything. Rebecca, including you as some are pertinent to you:

**Sources of Strength:** More research related to the program can be found on their website and it is on the [SPRC's best practices registry](#). Sources of Strength is in over 25 sites as of the end of 2024 in Oregon. You can see a map on [Matchstick Consulting webpage](#).

- Here is the resource article I referred to: A new study found that Sources of Strength, a school-based peer-led program, reduced student suicide attempts by 29% in participating high schools. The researchers used a cluster randomized controlled trial to test the effectiveness of Sources of Strength in reducing suicide attempts schoolwide and among students with recent exposure to sexual violence. The trial included 22 high schools that were paired and then randomized to either the Sources of Strength intervention ( $n=11$ ) for two school years or a wait-listed condition ( $n=11$ ). Two control schools dropped out prior to completing baseline assessments. Researchers assessed student suicide attempts in four waves: before randomization and at 6-, 12-, and 18-month follow-ups from 2017 to 2019. The results showed that Sources of Strength reduced suicide attempts among high school students by 29%, including after controlling for student characteristics and recent sexual violence history. The program was also found to be effective in reducing suicide attempts across demographic subgroups. However, further analyses showed these effects may not have extended to students with more severe sexual violence histories. In addition to these findings, a [previous study](#) examining three separate randomized controlled trials of Sources of Strength showed evidence of a statistically significant effect on youth suicide deaths. Taken together, these findings suggest Sources of Strength, and by extension the movement toward upstream, strength-based, and social diffusion strategies, can be key to preventing suicide among youth. Wyman, P. A., Cero, I. J., Espelage, D. L., Reif, T., Mintz, S., LoMurray, S., Nickodem, K., Schmeelk-Cone, K. H., & Delgado, A. (2025). RCT of Sources of Strength testing impact on suicide attempts and tests of moderation by sexual violence victimization and perpetration. *American Journal of Preventive Medicine*, 68(3), 465–474. <https://doi.org/10.1016/j.amepre.2024.11.008>
- Sources of Strength CEO was just featured in TIME100 Health 2025

List: [Scott LoMurray, CEO of Sources of Strength featured on TIME100 Health 2025 List](#)

## Current Oregon Community Violence Legislation or other bills of interest:

- [SB 537](#) seems to be moving forward and builds on legislation presented from last session ([HB 4088](#)). You can look at the 2025 original bill language that included a grant program to support hospitals in their efforts. There is testimony presented by multiple healthcare worker associations and health systems that may be of interest.
- **HB 5014: Fund Community Violence Intervention** (<https://olis.oregonlegislature.gov/liz/2025R1/Downloads/MeasureDocument/HB5014>). Not clear what it is exactly for but provides increased budget for DOJ.
- **SB 203: relating to ERPO.** For OJD to study ERPO: <https://olis.oregonlegislature.gov/liz/2025R1/Downloads/MeasureDocument/sb203>.

## The Life-sustaining Practices Fellowship pilot project- check in with Jill for more info. The project is in it's second year

This project seeks to further the current research around Black wellness, telomere length, and the healing power of connection to consciousness, culture and ancestral wisdom. Research has shown that opportunities to connect with culture in these ways can slow or even regrow telomere length in one's cells, which in essence, extends a person's bio-physiological age. [Follow this link to view "If these cells could talk."](#)

Thirty leaders, healers, educators and champions for Black youth wellness in Oregon have been accepted into the [inaugural cohort](#) of the Life-sustaining Practices Fellowship.

- In the first year of this three-year project, led by Doctors Tiffani Marie, Kenjus Watson and Shante Stuart-McQueen, the selected Fellows will be brought together to experience healing through connection to consciousness, culture, and ancestral wisdom. The project leaders will use their research-based [Apocalyptic Education Wellness Framework](#) throughout the fellowship to increase protective factors and facilitate healing opportunities among the Fellows.
- In year two, the Fellows will be given the opportunity to create an intervention or experience for the young people they work with, using what they learned in the fellowship experience.
- In year three, the project leads will seek to develop a framework or guide to allow others to facilitate healing for young people.

## Zero Suicide

Here is the CO legislation, [Suicide Prevention Through Zero Suicide Model](#) that passed in 2016. I am not really clear on how the legislation has supported ZS in the state. They also have a SAMHSA Zero Suicide in Health Systems grant. Here is more info on [CO's efforts](#).

Just came across [this article](#) that talks about ZS and related legislation in some other states.

Here is a [link](#) to the Suicide Standards of Care document I mentioned. See pg. 7 for a summary.

On a related note, I have not been able to reach this whole thing, but interesting brief and justification for suicide-specific care laid out by the Psychological Society of Ireland ([news release](#) and [brief](#)). See info specifically on ZS and suicide-specific treatment starting on pg. 7

### **Meghan Crane, MPH**

Pronouns: she/her/hers

Zero Suicide in Health Systems Coordinator

Public Health Division

Oregon Health Authority

[meghan.crane@oha.oregon.gov](mailto:meghan.crane@oha.oregon.gov)

Mobile: 971-271-2025